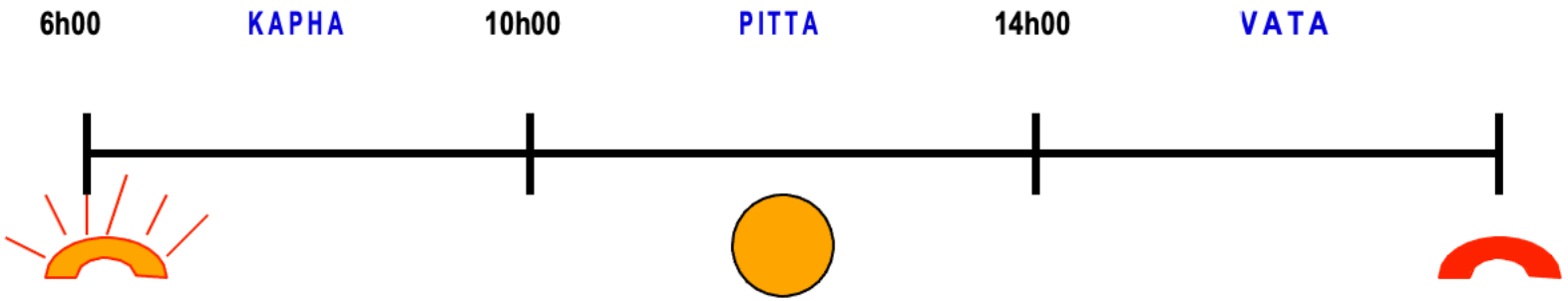
6h00
KAPHA
10h00
PITTA
14h00
VATA